

Helping Students Think About Sexual Consent

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I♥consent campaign

- * <http://www.nusconnect.org.uk/resources/i-heart-consent-guide>

Lessons from America

- * Colorado State University [Women & Gender Advocacy Centre](#). They have a number of successful programmes to combat sexual harassment and gender violence. Sexual harassment training uses peer educators who train people how to have better conversations e.g. re consent
- * [Reframe](#) is their new programme focusing on the use of language
- * They also require students to complete the [Haven sexual harassment online course](#), Students cannot progress to year two without completing it.
- * Colorado College have the B.A.D.A.S.S bystander <https://www.coloradocollege.edu/offices/sarp/programming/being-a-badass-active-bystander.dot>
- * Many institutions have a 'tell someone' button on their webpages if someone is concerned about another.

Consent campaigns



Education campaigns

COMMUNITY

A healthy, engaged community contributes to individual wellness.

Be a B.A.D.A.S.S. Active Bystander.
Be Aware. Decide to Act. Say Something.

Be Aware

Look critically at what we see as "the norm."

- **Jokes** about race, sex, gender, sexual orientation, sexual behavior, or other aspects of identity. We sometimes even pride ourselves on the cleverness of our double entendres. But jokes or slurs can be experienced as harassing. For instance, when labels are routinely applied only to certain groups of people (i.e., "that"), or identities/behaviors are used as a way of cutting others down (i.e., "gay").
- **Excessive drinking:**

WHAT IS HEALTHY SEXUALITY?

CONSENT= you can freely, knowingly and comfortably choose whether or not to engage in sexual activity. You are able to stop the activity at any time during the sexual contact. It also means that you respect when someone else does not want to engage in a particular activity, for any reason.

EQUALITY= your sense of personal power is on an equal level with your partner. Neither of you dominates the other.

TRUST= you trust your partner on both a physical and emotional level. You have mutual respect of vulnerability and an ability to respond to it with sensitivity.

SAFETY= you feel secure and safe within the sexual setting. You are comfortable with and thrive about where, when and how sexual activity takes place. You feel safe from the possibility of harm, such as unwanted pregnancy, sexually transmitted infection, and physical injury.



Sexual Assault Response Coordinator is a confidential resource if you or someone you care about has experienced sexual violence, intimate partner violence, stalking, or bias incidents. Support and educational opportunities are available. Nobody deserves or invites an assault. Call x8101, email Tara.Misra@ColoradoCollege.edu or call 602-0960 after hours to speak with the advocate on call. Someone is available 24 hours a day.

Summer 2015 City Meeting

- * York St John University
- * York University Security
- * IDAS (domestic violence support service)
- * Survive (charity supporting survivors of sexual abuse/assault)
- * Bridge House (sexual assault referral centre)
- * Aim to create a common dialogue between Higher York partners and the specialist services in the city, build referrals, relationships

First steps

- * In 2015 a workshop was jointly delivered by Student Services staff and SU sabbaticals during the Sports & Societies reps training sessions.

Consent in student induction safety talks

* <https://www.youtube.com/watch?v=fGoWLWS4-kU>

It's Not Okay Campaign

* <https://vimeo.com/128607450>

Not On Our Campus campaign

- * Adapted from BUCS 'not on our pitches' campaign
- * A way to target clubs and societies
- * Student Services helping with a number of strands including sexual harassment
- * Student Services paid for a series of sexual consent workshops for SU Bar and Door Staff, Residential Support Assistants, SU Club & Societies Reps and SU sabbaticals and staff

Talk about consent workshops

- * <http://www.talkaboutconsent.co.uk/>
- * Emma Holley 07982722811
- * talkaboutconsent.co.uk@gmail.com

Talk about consent workshops

Covers;

- * Context – e.g. NUS research
- * Where do our own values around sex and relationships come from?
- * Legal position - ‘When does a person have/not have the freedom or capacity to give consent?’
- * Scenario discussions
- * Bystander Intervention
- * Signposting and Support

Talk about consent workshops

- * 98% of the students believe consent sessions are important and some requested that they be made longer with more time for discussion and debate and more on bystander intervention.
- * 49% said that they have witnessed sexual harassment

Talk about consent

- * 89% of the attendees asked said that they felt they had a better understanding of consent after the session.

Talk about consent

- * Before the workshop 22% were not sure or thought it was possible to give consent when drunk.
- * **After the workshop** 71% of those changed their minds to say that it is not possible to give consent whilst drunk
- * Before the workshop 33% were not sure or thought a person accused of committing a sexual offence would be considered less guilty if they were drunk.
- * **After the workshop** 81% of those changed their minds to say that they would not be considered less guilty

Next Steps

- * Currently working with the SU to decide whether/how to continue this education programme. I hope these workshops become part of the SU reps and RSA and Student Services reps training programmes
- * Steering group set up to respond to the UUK 'Changing the Culture' report so we ensure a cross-institution response

Why educate?

- * In 2011 16 sexual violence survivors filed a Title IX complaint alleging Yale "has a sexually hostile environment and has failed to adequately respond to sexual harassment concerns".

The Intervention Initiative

- * <http://www1.uwe.ac.uk/bl/research/interventioninitiative.aspx>
- * Student Services and Academics delivering this programme to Psychology undergraduates

Student Charter

- * The York St John University Student Charter leads with the expected behaviours of our community. Everyone in the York St John community is expected to:
- * act with courtesy and respect in all situations – with peers, colleagues and the local community
- * contribute to building a friendly community that is free of harassment and discrimination
- * actively engage in University life and challenge exclusion and prejudice in all forms
- * take responsibility for resolving problems and seek support when they need it
- * be aware of University policies, regulations and codes of practice.

Student Harassment Advisers

- * Police & Local services (MESMAC, Bridge House) provided cross institutional training
- * Internal training provided as well
- * Created a network of HA's to support students
- * New Harassment and Bullying Policy with practical advice and resources

Any questions?

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