



UK HEALTHY UNIVERSITIES NETWORK

NOTTINGHAM TRENT UNIVERSITY

WEDNESDAY 16 NOVEMBER 2016

NOTES FROM MEETING

&

REPORT OF THEMED SESSION/WORKSHOP

RESPECT AND CONSENT



Acknowledgement: Nottingham Trent University

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WELCOME

Sarah Bustard, Student Services Manager at Nottingham Trent University, welcomed everyone to the Network Meeting.

Professor Edward Peck, Vice-Chancellor at Nottingham Trent University added his welcome – stressing his interest in how to engage vice-chancellors in the good work that the UK Healthy Universities Network is doing and offering his support via the University Alliance. He also profiled the importance of ‘respect and consent’ as a core theme for universities and gave examples of Nottingham Trent University’s commitment to this agenda.

NETWORK UPDATE

Dooris – Network Update

Prof. Mark Dooris, Co-Chair of the Network, added his welcome and provided a Network update:

- **Brief History:** The UK Healthy Universities Network (UKHUN) has continued to grow since 2010, with current representation from 84 UK Universities – 69 England, 2 NI, 8 Scotland and 5 Wales; and also 17 Non-UK Universities and 24 stakeholder groups. The Network holds twice-yearly meetings and facilitates wider communication via its website, e-newsletters and information-sharing/request service, enabling members to stay connected and updated.
- **Context:** In addition to the current high profile at a national level of health and wellbeing in higher education, the **Okanagan Charter** provides an important international context for progressing Healthy Universities.
- **Website and Communications:** The website has continued to be well-used, with an upward growth in traffic. The website is currently being redeveloped to be launched before Christmas. The new site, currently under development, was previewed. Additionally, the Self Review Tool is being updated to take account of feedback obtained through a research project conducted with Network members. Mark also highlighted the importance of an active membership in terms of submitting and updating case studies, providing news items for the website and newsletter, and responding to peer-to-peer information requests from members.
- **Membership:** Linked to the redeveloped website, which will include an interactive membership map, a new approach to membership will be introduced. Full membership will be open to UK HEIs – and whilst the involvement of multiple internal stakeholders (including students’ unions) is still welcomed, universities will be asked to nominate one lead member to facilitate internal and external, and where possible to provide links to web pages and key documents relating to their Healthy University initiative. Associate membership will be open to other stakeholder organisations. and non-UK HEIs.

Additionally, Tracey Taylor provided an update about the **Welsh Framework for Healthy FE and HE**, which unfortunately is not yet live. However, the word version will be linked from the new website.

ACTION:

- ➔ ALL asked to submit and/or update case studies for the website – using the **link**.
- ➔ ALL asked to provide material (news, updates features, articles) for the newsletter – submit to **healthyuniversities@uclan.ac.uk** by 25 November 2016.
- ➔ ALL asked to submit news items for the website.
- ➔ ALL asked to sign up to receive a reminder email for specific information requests previously sent out.

NETWORKING, SHARING OF PRACTICE AND PEER SUPPORT [ROUND TABLE DISCUSSIONS]

Following a networking session involving round table discussions, Network members highlighted key points. Contributions included:

- High level of sector and political support for respect and consent and for linked agendas such as alcohol, mental wellbeing – a golden opportunity to raise the profile and influence of the UK Healthy Universities Network.
- Exploring how this context and high profile could be linked to encourage Vice-Chancellor sign-up to the Network, thereby increasing its profile and influence further and offering leverage within member universities.
- The potential value of reconsidering some form of Healthy Universities award or accreditation scheme.
- Ensuring that members are active in sending the Network administrator information for dissemination to Network members.
- The importance of staff wellbeing linked to student wellbeing – and of capturing/disseminating different approaches to this (e.g. Mental Health First Aid joint training for staff and students).
- Embedding health and wellbeing in the National Student Survey: Amy Norton reported that HEFCE has been considering including a health/wellbeing question in the optional/supplementary set – she will check for further updates and report back.
- The value of having and co-ordinating health-related themed dates/weeks on campus in terms of ‘window-dressing’ and maintaining high visibility, balanced against the level of resource required.

THEMED SESSION: RESPECT AND CONSENT

Introduction to Themed Session: Respect and Consent

Bustard – Respect and Consent – Introduction

Sarah Bustard, Student Services Manager at Nottingham Trent University gave an introduction to and overview of the theme for the learning session ‘respect and consent’ – providing a history and context; profiling key documents and contexts including the recent launch of the Universities UK report **Changing the Culture**; and highlighting the strong resonance with the Healthy Universities ‘whole system’ approach.

Insights & Examples I: NTU Respect and Consent – A Partnership Approach

Bustard & Hadlow – Respect and Consent – NTU Partnership Approach

Sarah Bustard and Sarah Hadlow from Student Services at Nottingham Trent University presented an overview of work carried out on the theme of respect and consent, highlighting a partnership approach across key services and groupings within the University in conjunction with its Students’ Union – with contributions from Equality Dignity & Inclusion; NTU Sport; and Student Support Services.

Insights & Examples II: Using Bystander Intervention Training with Student Groups

Thompson – Respect and Consent – Bystander Intervention

Claire Thompson, Head of Student Welfare at Nottingham University presented an overview of work carried out on the theme of respect and consent, with a particular focus on the **Intervention Initiative**, which had been developed by the University of the West of England with funding from Public Health England, and the use of Bystander Intervention Training.

Insights & Examples III: Helping Students Think About Consent **Streatfield – Respect and Consent – Helping Students Think**

Nic Streatfield, Head of Student Services at York St John University, gave a presentation on helping students to think about consent. He gave a background which drew on experiences and learning from the USA, showed the short video **Tea and Consent** and profiled work at his institution and across York, highlighting intervention training.

Insights & Examples IV: Targeted Work with Chinese Students **Teneva – Respect and Consent – International**

Krassimira Teneva, International Student Support Manager at Sheffield Hallam University, talked about the **Healthy Relationships Project** and the awareness-raising training workshops planned and delivered with international students (with a particular focus on Chinese students). This programme of work was developed in the context of the Healthy University initiative and in response to concerns raised by GPs about high rates of unplanned pregnancies among Chinese students – an observation supported by wider research at other UK universities.

Discussion and Key Learning

- Mark Dooris asked whether universities presenting at the meeting could write up their work as short case studies for the Network's website – using the [link](#).
- Mark Dooris suggested that consideration be given to running Bystander Intervention 'train the trainers' sessions for Network members, drawing on the experience of those institutions that are experienced in delivering it.
- Ian Kenvyn from Leeds Trinity University emphasised the importance of making the issues discussed today 'core University business'. Issues discussed included:
 - Curriculum: Sharon Doherty from the University of Central Lancashire raised the question of how respect and consent – and, more broadly, health and wellbeing – could be embedded into the curriculum (examples from the USA were given by Krishma Caleyachetty from the University of Central Lancashire).
 - Research/Publications: Ian Kenvyn talked about evaluating and writing up practice.
- Amy Norton from HEFCE suggested that as respect and consent is high on both sector and political agendas this offers a golden opportunity for the Network.
- Amy Norton from HEFCE asked whether some form of anonymised benchmarking and data sharing would be useful.
- Mark Dooris asked whether any specific work had taken place focused on same-sex relationships. This had been included in more general work. Nic Streatfield highlighted that statistics suggest a higher incidence of harassment and sexual violence within same-sex relationships.

NEXT MEETING

The next meeting will take place on Wednesday 24th May 2017 at York St John University – and the subsequent meeting will be hosted in November 2017 (date to be confirmed) by the University of Cardiff.

APPENDIX 1: ATTENDANCE

Name	Organisation	Email
Speakers/Conveners		
Sarah Bustard	Nottingham Trent University	sarah.bustard@ntu.ac.uk
Paul Dodsley	Nottingham Trent University	paul.dodsley@ntu.ac.uk
Mark Dooris	UCLan	MTDooris@uclan.ac.uk
Denise Eaves	University of Nottingham	denise.eaves@nottingham.ac.uk
Sarah Hadlow	Nottingham Trent University	
Sue Powell	Manchester Metropolitan University	S.Powell@mmu.ac.uk
Nic Streatfield	York St John University	n.streatfield@yorks.ac.uk
Krassimira Teneva	Sheffield Hallam University	K.R.Teneva@shu.ac.uk
Claire Thompson	University of Nottingham	Claire.Thompson@nottingham.ac.uk
Julie Wibberley	Nottingham Trent University	-
Attendees		
Krishma Caleyachetty	UCLan	KCaleyachetty@uclan.ac.uk
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Bernadette McGrath	Liverpool John Moores University	b.mcgrath@ljmu.ac.uk
Amy Norton	Higher Education Funding Council for England (HEFCE)	A.NORTON@hefce.ac.uk
Judy Orme	University of the West of England	judy.orme@uwe.ac.uk
Caroline Pandya	De Montfort University	caroline.pandya@dmu.ac.uk
Emma Shaw	Teesside University	Emma.Shaw@tees.ac.uk
Tracey Taylor	Public Health Wales	Tracey.Taylor4@wales.nhs.uk
Tracey Wornast	Canterbury Christ Church University	tracey.wornast@canterbury.ac.uk
Hazel Wright	Teesside University	h.wright@tees.ac.uk

APOLOGIES

Name	Organisation
Manuel Alonso	Loughborough University
Sam Bell-Minogue	University of Nottingham
Carol Black	Newnham College, University of Cambridge
Jon Brookstein	British Universities & Colleges Sport (BUCS)
Sharon Buckley	Edge Hill University
Rebecca Cranshaw	University of Westminster
Abi Dean	Manchester Metropolitan University
Yvonne Harris	Manchester Metropolitan University
Keith Lynch	Cardiff University
Lizzie Sabine	University of the West of England
Laura Smythson	University of Surrey
Justine Wallis-Leggett	The University of Nottingham
Briony Williams	University of Worcester