

# Leading for Health and Wellbeing Across the Whole Organisation



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**TRANSFORMING LIVES  
SINCE 1828**



**190 YEARS  
1828-2018**









# ETHOS

- The Values that underpin the University
- Focusing on Assets
- Identifying gaps and weaknesses

# Embedding Health into University Business

- Making health a key consideration in all policies, processes, functions and activities
- Acceptance that health is determined by a complex interplay of factors and has multiple impacts and consequences
- Recognise the interactions between the different provisions, departments and agendas

# University of Central Lancashire Values

- Common Sense
- Compassion
- Teamwork
- Attention to detail
- Trust

# Embedding Health into University Business

- Making health a key consideration in all policies, processes, functions and activities
- Acceptance that health is determined by a complex interplay of factors and has multiple impacts and consequences
- Recognise the interactions between the different provisions, departments and agendas
- Knit together disparate areas of activity

# Focus on the Whole University Population

- Appreciating and addressing the needs of different sub-cultures and sub-populations within the university community
- The university as part of its locality
- Balancing the distributed leadership model alongside the traditional hierarchical approaches

**Effective leadership for healthy universities requires commitment to a Whole University approach and a concern to make health and wellbeing a strategic priority.**

# How we did it at the University of Central Lancashire

- Support the health, safety and wellbeing of all
- A healthy university committed to the physical and mental wellbeing of its students and staff
- Healthy, safe, active and sustainable campus

**Common Sense – Staff are empowered to use judgement to do the right thing**

**Compassion – We all treat students, staff and the wider community with consideration, care and honesty**

**Teamwork – We all think and act together, valuing collective as highly individual achievements**

**Attention to Detail – We take personal and professional pride in our work**

**Trust – We rely on each other showing respect and integrity in all of our activities**

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