

ENGLISH NATIONAL HEALTHY UNIVERSITIES NETWORK

**NETWORK MEETING
MONDAY 30 NOVEMBER, 2009
CITY CAMPUS, SHEFFIELD HALLAM UNIVERSITY**



Present:

Kate Buchan Bristol University
 Sarah Bustard Nottingham Trent University
 Jennie Cawood UCLan
 Pete Cholerton Sheffield Hallam University
 Mark Cox University of Plymouth
 Heather Davison Royal Society for Public Health
 Anne Devlin Anglia Ruskin University
 Sharon Doherty UCLan
 Mark Dooris UCLan
 Denise Eaves University of Nottingham
 Rafe Elliott Bishop Grosseteste University College
 Laura Fisher University of Liverpool
 John Hamilton Leeds Metropolitan University
 Linda Jones The Open University

Ian Kenwyn Leeds Trinity University College
 Joel Kesterton Sheffield Hallam University
 Sue Kesterton Sheffield Hallam University
 Joanne Newton University of Brighton
 Judy Orme University of the West of England
 Sue Powell Manchester Metropolitan University
 Angela Scriven Brunel University
 Shirley Silcock Bolton University
 Margaret Sills HE Academy
 Amanda Smith Amian Employee Assistance Provider
 Bill Thompson City University London
 Claire Thompson University of Nottingham
 Hazel Wright Teesside University

Apologies:

Peter Chell National Healthy Further Education Programme (NHFEP)
 Dan Doran Loughborough University
 Daryl Evans Middlesex University
 Heather Hartwell Bournemouth University
 Ann Hemingway Bournemouth University

Jenny King University of Worcester
 Linda Kitson Leeds Metropolitan University
 Jane Marshall Bradford College
 Iain Metters University of Greenwich
 Bob Reeves Bristol University
 Jane Wills London South Bank University

Minute	Agenda Item	Agreed	Action to be taken	Action by / date
HU-ENN-1109	1	Welcome, Introductions and Apologies <ul style="list-style-type: none"> ▪ The group thanked Joel Kesterton for making the arrangements for Sheffield Hallam to host the meeting 	<ul style="list-style-type: none"> ▪ Email addresses of attendees to be circulated with the minutes 	JC

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HU-ENN-1109	2	Minutes of last updates and matters arising <ul style="list-style-type: none"> ▪ There were no updates or matters arising not covered by following agenda items. 	<ul style="list-style-type: none"> ▪ None 	
HU-ENN-1109	3	Update on National Developments <ul style="list-style-type: none"> ▪ MD gave a presentation updating the group on the HEFCE and RSPH National Projects 	<ul style="list-style-type: none"> ▪ Circulate PowerPoint presentation with minutes 	JC
HU-ENN-1109	4	Themes / focus areas for guidance tools and case studies Group discussion identified 3 of the proposed topics as priority themes, that could possibly be linked within one comprehensive guidance tool: 1. How to champion, lead, manage and implement a 'whole university' approach to health and wellbeing (concept, stages, entry points, governance options, internal/external partnerships, challenges). 2. Developing and implementing a Healthy University policy 3. Mapping health outcomes against core business goals such as retention, experience and performance The group also made the following suggestions about possible topics and types of approaches : <ul style="list-style-type: none"> ▪ Obtaining high-level buy-in and building business cases – link to student participation and equality and diversity ▪ Sharing current practice – particularly the challenges ▪ Linking to the student experience ▪ Integrating policy into all guidance tools/case studies ▪ A tool for gap analysis ▪ Communication networks- where are the champions ▪ Involving HR ▪ Questions into staff and National Student surveys (MS agreed HEA to support this) 	<ul style="list-style-type: none"> ▪ Discuss choice of guidance tools and case studies at Project Board meeting ▪ Seek support from LAG for health & wellbeing questions to be embedded in the NSS 	MD/SP/JC
HU-ENN-1109	5	Partnerships and funding <ul style="list-style-type: none"> ▪ Group discussions focussed on partnership working with PCTs and other external organisations, University and Student Union partnerships, and potential funding opportunities. 	<ul style="list-style-type: none"> ▪ Information about roles/structures (eg links to Directors of Public Health Networks and partnership working with PCTs) to be included in the website ▪ Guidance tools and case studies to highlight 	JC/Project Board

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		<ul style="list-style-type: none"> ▪ JK talked about the Student Wellness Service that SHU are currently looking at and offered to provide a case study for the website <p>The following key points were made during feedback from group discussions:</p> <ul style="list-style-type: none"> ▪ Different geographical areas experience different challenges eg some PCTs well engaged, other not– need to be mindful of this when producing guidance tools/case studies to include broad spectrum of experiences ▪ Local Strategic partnerships may have Young People or Health and Wellbeing sub groups with an interest in working with HEIs 	<p>information about partnership working</p> <ul style="list-style-type: none"> ▪ JC to provide Y&H regional Health Trainer contact details to JK 	
HU-ENN-1109	6	<p>Member updates and good practice sharing</p> <ul style="list-style-type: none"> ▪ <i>Leeds Met</i> - have just launched an online wellbeing resource for staff and students. No formal evaluation yet but is proving popular – there are plans to make to model available to other organisations as an ‘off the shelf’ package ▪ <i>Plymouth</i>– has introduced office aerobics which is streamed into any office via a weblink. 		
HU-ENN-1109	7	<p>Any Other Business</p> <ul style="list-style-type: none"> ▪ <i>Geographical Scope</i>: MD confirmed that as the funding for the two projects is from HEFCE and the Department of Health respectively, the focus is on English HEIs. However, the project plan for the HEFCE-funded project includes liaison with Scotland, Wales and Northern Ireland – and international bodies – regarding future collaboration and development. 		
HU-ENN-1109	8	<p>Next Meeting date and location</p> <ul style="list-style-type: none"> ▪ The next Network meeting will be held in April 2010 ▪ Liverpool, Bristol and Brighton Universities and the HEA all generously offered to provide a room for this 	<ul style="list-style-type: none"> ▪ Agree and circulate next meeting date and confirm venue 	<p>JC</p>