



HEALTHY UNIVERSITIES:

Concept, Model and Framework for Applying the Healthy Settings Approach within Higher Education in England

Mark Dooris
Jennie Cawood
Sharon Doherty
Sue Powell



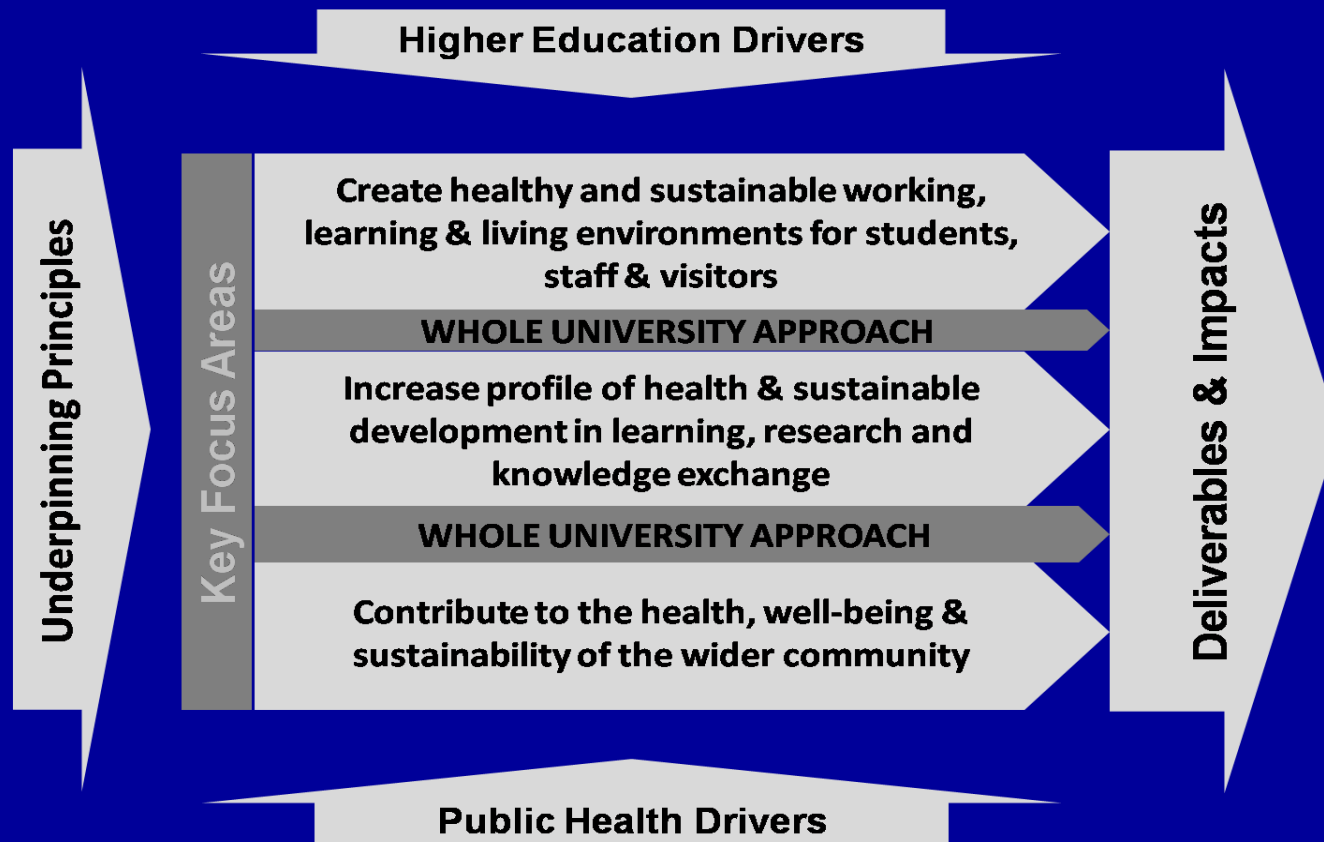
Overview

As part of a Department of Health funded project, the University of Central Lancashire (UCLan) – working with Manchester Metropolitan University – was commissioned by the Royal Society for Public Health (RSPH), to:

- ❑ articulate a model for Healthy Universities whereby the healthy settings approach is applied within the higher education sector
- ❑ produce recommendations for the development and operationalisation of a National Healthy Universities Framework for England
- ❑ to ensure effective co-ordination of initiatives and propose next steps for progressing the Healthy Universities agenda.

Model

“A Healthy University aspires to create a learning environment and organisational culture that enhances the health, well-being and sustainability of its community and enables people to achieve their full potential.”



Framework

Explored what a national framework might look like, considering the following issues:

- Learning from other programmes/frameworks
- Leadership and governance
- Criteria
- Nature of framework
- Level of commitment
- Type of assessment
- Benefits
- Infrastructure and resource implications

Recommendations

- ❑ Advocate for cross-government policy commitment to Healthy Universities that explicitly endorses 'whole university' model to ensure a seamless and consistent whole system approach across the spectrum of English education settings.
- ❑ Champion jointly-led National Healthy Universities Programme (incorporating a National Framework that builds on strengths and experience National Network and *Developing Leadership and Governance for Healthy Universities* Project).
- ❑ Develop sector-led multiple level framework, using mainly process-based criteria and a combination of assessment mechanisms.
- ❑ Explore how resources can be secured to enable a National Healthy Universities Programme and Framework to be effectively developed and operationalised – thereby enabling potential to be maximised and sustained over time.