

## ENGLISH NATIONAL HEALTHY UNIVERSITIES NETWORK

**NETWORK MEETING  
TUESDAY 29 MARCH, 2011  
CITY UNIVERSITY, LONDON**



### **Present:**

Tracy Barlow	Sheffield Hallam University	Ian Kenvyn	Leeds Trinity University College
Samantha Bell	Imperial College London	Joel Kesterton	Sheffield Hallam University Sports
Sue Bowker	Welsh Assembly Government	Union	
Sian Buckley	Nottingham Trent University	Rachel King	NHS Lothian
Sarah Bunt	University of Plymouth	Gill Miles	University of Leicester
Sarah Bustard	Nottingham Trent University	Joanne Newton	London South Bank University
Jennie Cawood	University of Central Lancashire	Patricia Obende	City University
Peter Chell	Consultant	Judy Orme	University of the West of England
Clara S. Correaz	City University London	Karen Phillips	University of Chester
Graham Courtney	Roehampton University	Dan Porter	Sheffield Hallam University
Laura Croft	Department of Health	Sue Powell	Manchester Metropolitan University
Julie de Groot	Brighton University	Christine Rajah	City University
Sharon Doherty	University of Central Lancashire	Amanda Rigby	Salford University
Mark Dooris	University of Central Lancashire	Eleanor Seaver	Loughborough University
Jenny Dunstall	University of Northampton	Judy Stevenson	Sheffield Hallam University
Laura Fisher	University of Liverpool	Jane Thomas	Swansea University
Patricia Foster	Sheffield Hallam University	Nigel Thomas	Loughborough University
Amanda Griffiths	Sussex University	Bill Thompson	City University London
Heather Hartnell	Bournemouth University	Hazel Wright	Teesside University
Robyn Heffy	University of Surrey	Anna Zilnyk	RSPH
Maxine Holt	Manchester Metropolitan		
University			

### **Apologies:**

Lucy Blackhall – University of Worcester  
Pete Cholerton – Sheffield Hallam University  
Margaret Coffey – University of Salford  
Karen Cregan – University of Chester  
Jo Daley – Sheffield Hallam University  
Caroline Hall – University of Brighton  
Laura Ives – University of Surrey  
Anita Jellings – University of Plymouth  
Linda Jones – The Open University  
Yvonne McGowan – Dublin City University  
Angela Scriven – Brunel University

Minute	Agenda Item	Agreed	Action to be taken	Action by / date
HU-ENN-0311	1	<p><b>Welcome, introductions and apologies</b></p> <ul style="list-style-type: none"> <li>▪ Bill Thompson welcomed the group to City University and introduced Professor Paul Curran, Vice Chancellor</li> <li>▪ Professor Curran gave an introduction to City University and its history and described their activities relating to Healthy Universities.</li> </ul>		
HU-ENN-0311	2	<p><b>Minutes of last updates and matters arising</b></p> <ul style="list-style-type: none"> <li>▪ There were no updates or matters arising not covered by following agenda items.</li> </ul>		
HU-ENN-0311	3	<p><b>National update</b></p> <ul style="list-style-type: none"> <li>▪ MD gave an update on national Healthy Universities projects and activities: <ul style="list-style-type: none"> <li><u>Framework and Model</u> <ul style="list-style-type: none"> <li>○ Permission has now been granted for the final report to be published in the public domain. The report is available on the Healthy Universities website: <a href="http://www.healthyuniversities.ac.uk">www.healthyuniversities.ac.uk</a> (see <a href="http://www.healthyuniversities.ac.uk/uploads/fckfile/HU-Final_Report-FINAL_v2.pdf">http://www.healthyuniversities.ac.uk/uploads/fckfile/HU-Final_Report-FINAL_v2.pdf</a>), the RSPH site and the PHORCaST website.</li> <li>○ There is still an intention for Department of Health and RSPH to meet with the Project Managers to discuss the implications of the recommendations however a date is yet to be set.</li> </ul> </li> <li><u>Developing Leadership and Governance</u> <ul style="list-style-type: none"> <li>○ This HEFCE funded project has been extended until July 2012.</li> <li>○ This has been made possible as Jennie Cawood, the Network Coordinator is making a phased move into another role and will finish working with the Network at the end of June 2011.</li> <li>○ Dissemination workshops are to take place between Autumn 2011 and Spring 2012 and will provide an introduction to the Guidance Packages in the online toolkit (<a href="http://www.healthyuniversities.ac.uk/toolkit">www.healthyuniversities.ac.uk/toolkit</a>). Dates to be circulated as soon as they become available.</li> <li>○ In response to feedback from Network members and the Leadership Advisory Group for the project the development of a Self Review Tool has been commissioned. It will build on the tool developed by the National Healthy FE programme and will be ready for</li> </ul> </li> </ul> </li> </ul>		

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		<p>dissemination by autumn 2011. The initial consultation took place in a workshop after the Network meeting.</p> <p><u>AMOSSHE Knowledge Community</u></p> <ul style="list-style-type: none"> <li>○ SB updated members on the AMOSSHE Healthy Universities Knowledge Community which has been relatively inactive since the last meeting. This is due to the significant time of change that the HE sector is currently experiencing which has made progress difficult.</li> </ul> <p><u>International developments</u></p> <ul style="list-style-type: none"> <li>○ MD provided a brief update on international developments. There have continued to be telephone/skype discussions between European countries interested in exploring the potential for network development. Provisional work has been carried out with a view to submitting an application for COST funding (to enable networking between countries engaged in research); and a meeting is being held with EU representatives from DG Sanco to explore the potential to fund broader public health networking related to Healthy Universities.</li> </ul> <ul style="list-style-type: none"> <li>▪ Network Member Questions/Discussion: <ul style="list-style-type: none"> <li>○ Q: What happened to the discussion about some form of recognition for Healthy Universities? A: the discussions about recognition were part of the consultation for the Model and Framework project which was undertaken in late 2009/early 2010. As discussed earlier in the meeting the report has only just been made public and a discussion about the implications has yet to take place. There has therefore been no progress to date.</li> <li>○ Laura Croft updated the group on some work which is currently being undertaken to develop a workplace wellness award for England. There may be some value in this for universities.</li> </ul> </li> </ul>		
HU-ENN-0311	4	<p><b>Toolkit testing phase</b></p> <ul style="list-style-type: none"> <li>▪ JC gave a short overview of the online toolkit (<a href="http://www.healthyuniversities.ac.uk/toolkit">www.healthyuniversities.ac.uk/toolkit</a>) which was launched in December 2010. In particular, she highlighted that the toolkit is in its testing phase until the end of April 2011 and that it is key that feedback from Network members is received asap. There are two ways to give feedback: <ul style="list-style-type: none"> <li>○ Online using the 'your feedback' button at the top of the page in each Guidance Package</li> <li>○ More formally by completing a short questionnaire (please email <a href="mailto:jlcawood@uclan.ac.uk">jlcawood@uclan.ac.uk</a>)</li> </ul> </li> </ul>	Send feedback either online or by email to JC by end April 2011	<b>ALL</b>

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		<ul style="list-style-type: none"> <li>JC also encourages members to submit their own case studies to help populate the toolkit.</li> </ul>	Submit own case studies for inclusion in the toolkit	ALL
HU-ENN-0311	5	<p><b>Gambling project</b></p> <ul style="list-style-type: none"> <li>Sue Powell and Maxine Holt, MMU, gave an update on the Gambling related harm in Higher Education project. Update paper to follow.</li> </ul>	Circulate update paper to Network	JC/SBr
HU-ENN-0311	6	<p><b>Network evaluation</b></p> <ul style="list-style-type: none"> <li>JC informed the group that an evaluation of the network will take place over the next few months. This was always a planned element of the Developing Leadership and Governance Project however it is particularly timely given the extension of the project until July 2012.</li> <li>A formal questionnaire will be issued to all network members by email</li> <li>The group were then given time to discuss the question : what aspects of the Network do value the most and think are priorities for maintaining?</li> <li>The comments captured on flipchart by groups will feed into the final evaluation report.</li> </ul>	<ul style="list-style-type: none"> <li>Ensure key points are fed into the network evaluation</li> </ul>	JC
HU-ENN-0311	7	<p><b>Network member discussion time and updates</b></p> <ul style="list-style-type: none"> <li>JC introduced a new way of structuring this section of the meeting (see attached paper) which involved members networking over an extended lunch break. Afterwards the group agreed they would like to continue using this framework for future meetings.</li> </ul>		
HU-ENN-0311	8	<p><b>A whole system approach to healthy and sustainable food in a university setting: Professor Tim Lang, City University</b></p> <ul style="list-style-type: none"> <li>Professor Tim Lang (TL) gave a workshop on using a whole system approach to healthy and sustainable food in the university setting. He highlighted the following report which has recently been published: Looking Back, Looking Forward: Sustainability and UK Food Policy 2000 – 2011 (<a href="http://www.sd-commission.org.uk/data/files/publications/FoodPolicy10_Report_final_w.pdf">http://www.sd-commission.org.uk/data/files/publications/FoodPolicy10_Report_final_w.pdf</a>)</li> <li>TL suggested a key issue that universities could tackle as an immediate</li> </ul>		

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		<p>'can-do' is to provide drinking water to reduce the use of plastic bottled water</p> <ul style="list-style-type: none"> <li>▪ Combine long-term vision with short-term goals.</li> <li>▪ TL signposted members to a sustainability 'micro-module' available online: <a href="http://tinyurl.com/sustmod">http://tinyurl.com/sustmod</a></li> </ul>		
HU-ENN-0311	9	<p><b>Any other business</b>  The next meeting date will be in mid-late October 2011 at Manchester Metropolitan University. Date TBC.</p>		