

ENGLISH NATIONAL HEALTHY UNIVERSITIES NETWORK

NETWORK MEETING WEDNESDAY 07 MARCH 2012 NOTTINGHAM TRENT UNIVERSITY



Speakers

Dame Carol Black
Sarah Bustard – Nottingham Trent University
Dr Mark Dooris – UCLan
Prof Neil Gorman – Nottingham Trent University
Maxine Holt – Manchester Metropolitan University
Ian Kenvyn – Leeds Trinity University College
Sally Olohan – Association of Managers of Heads of Student Services in Higher Education (AMOSSHE)
Liz Orton – Nottingham City PCT
Dr Sue Powell – Manchester Metropolitan University

Attendees

Andrew Abbey – Teesside University
Liz Anderson – The Higher Education Academy
Louise Atkins – University of Glamorgan
Alison Bromberg – Nottingham Trent University
Lis Child – Nottingham Trent University
Jo Daley – Sheffield Hallam University
Dr Heather Davison – Royal Society for Public Health
Anne Devlin – Anglia Ruskin University
Robin Dollery – University of Nottingham
Jessica Draper – Loughborough University
Jenny Dunstall – University of Northampton
Denise Eaves – University of Nottingham

Moira Gibbons – Sexual Health Outreach Team
Agnes Gibson – SUMS Consulting
Dr Avtar Ghattaora – Nottingham Trent University
Sukhi Ghattaora – Nottingham Trent University
Dr Lisa Gugglberger – University of Brighton
Farrah Humberstone – University of Nottingham
Carolyn Hunt – University of London, Institute of Education
Sarah Huws-Davies – Swansea University
Joel Kesterton – Sheffield Hallam Students' Union
Gill Miles – University of Leicester
Anne Mills – Bournemouth University
Claire Moore – Nottingham Trent University
Sue Morley – University of Kent
Catherine Ogilvie – University of the West of England
Judy Orme – University of the West of England
Ann Priest – Nottingham Trent University
Claire Robbins – Nottingham Trent University
Phil Scarffe – Nottingham Trent University
Elle Seaver – Loughborough University
Bridie Woods – University of London, Institute of Education
Hazel Wright – Teesside University

Apologies

Prof Freda Bridge – GuildHE
Alison Chambers – UCLan
Laura Croft – Regional Public Health Group - London
Sharon Doherty – UCLan
Fiona Holland, MA, PGCE, FHEA – University of Derby
Prof Eileen Martin – Teesside University
Amanda Rigbye – University of Salford

Minute	Agenda Item	Summary/Agreed	Action to be taken	Who?
HU-ENN-0312	1	<p>Welcome</p> <ul style="list-style-type: none"> ▪ Sarah Bustard welcomed participants to Nottingham Trent University. 		

HU-ENN-0312	2	<p>Notes of Last Meeting and Matters Arising</p> <ul style="list-style-type: none"> ▪ Notes of the last meeting were agreed as a true record. ▪ There were no matters arising not covered on the agenda. 		
HU-ENN-0312	3	<p>Developing Leadership and Governance for Healthy Universities: Project Update</p> <ul style="list-style-type: none"> ▪ MD provided a brief project update – highlighting the following points: <ul style="list-style-type: none"> ○ HEFCE funding runs out in July 2012 and UCLan’s senior management have confirmed that they will fund a proportion of Mark Dooris’ time to continue co-ordinating the Network and ensuring continuity of the website and other functions ○ All six Project Board member HEIs (UCLan, MMU, NTU, LTUC, UWE, Teesside) have agreed to remain centrally involved – offers for involvement from other HEIs invited ○ Offers to host future meetings are invited ○ Scotland and Wales are each exploring the development of Healthy Universities ○ An email with a link to an evaluation questionnaire has been sent to Network members – please take the time to complete as this will inform future developments and feed into our final report to HEFCE. ○ Toolkit has continued to be well-received – HEIs are encouraged to submit case studies using the online form at http://www.healthyuniversities.ac.uk/toolkit/submit-case-study.php to ensure that this element remains dynamic 	<p>Email Sandra Brookes sbrookes2@uclan.ac.uk re. offers to host future meetings.</p> <p>Complete evaluation questionnaire</p> <p>Submit case study ideas/abstracts using the on-line form</p>	<p>All</p> <p>All</p> <p>All</p>
HU-ENN-0312	4	<p>Networking and Sharing of Successes/Challenges</p> <ul style="list-style-type: none"> ▪ Those present were invited to share successes and challenges – and the following themes formed the focus for round-table discussions: mental health first aid; integrated web site; student-led campaigns and projects. 		
HU-ENN-0312	5	<p>Preventing and Minimising Gambling-Related Harm in Higher Education Project: Update and Consultation</p> <p>Click here to view PowerPoint Presentations</p> <ul style="list-style-type: none"> ▪ Maxine Holt outlined the resources that had been developed for staff and students and confirmed that these have been sent to Vice Chancellors and Heads of Student Services. ▪ Sally Olohan confirmed that AMOSSHE would support the adoption of the resources and would put a short outline in the AMOSSHE Newsletter. 	<p>Email Network members regarding resource distribution and forthcoming seminar at MMU on 14 May 2012.</p> <p>Email text to SO.</p>	<p>MD</p> <p>MH</p>

<p>HU-ENN-0312</p>	<p>6</p>	<p>Dissemination Workshop: Leading and Developing a Healthy Universities Approach to Enhance Staff and Student Experience and Performance.</p> <p><u>Click here to view PowerPoint Presentations</u></p> <ul style="list-style-type: none"> ▪ Mark Dooris introduced the Healthy Universities Toolkit and the ‘umbrella’ guidance package – Leading and Developing a Whole System Healthy Universities Approach. ▪ Ian Kenvyn introduced the Staff Experience and Performance Toolkit. ▪ Sarah Bustard introduced the Student Experience and Performance Toolkit. ▪ Dame Carol Black spoke on Health, Work and Wellbeing: Challenges and Opportunities for Higher Education. ▪ Sally Olohan spoke on Student Staff Wellbeing, Experience and Performance. ▪ Dr Elizabeth Orton provided an overview of a student health needs assessment carried out in Nottingham. ▪ There were interactive workshops on Student and Staff Wellbeing, Experience and Performance. Key points fed back from round-table discussions included: <ul style="list-style-type: none"> ○ Importance of the business case for Healthy Universities to influence VCs ○ Partners want to work with the Healthy Universities Network, particularly academic staff who can see the relevance to student employability, curriculum changes and building the evidence base ○ HEIs are structured in silos and the funding model is based on staff student ratios. Healthy Universities brings these elements together where like-minded people can discuss staff and student issues ○ HU work happens in small pockets and the guidance packages will bring these together ○ Need to turn gatekeepers into advocates ○ Fragmentation is a barrier to Healthy Universities ○ We will know when Healthy Universities is done well as we will be proactive rather than reactive ○ HU can stop students getting into a pressured state by early intervention ○ Individuals who are enthusiastic about Healthy Universities need the time to work on it ○ The main barrier is not having top level buy in ○ The student voice can be particularly influential ○ Small institutions have difficulties with infrastructure and support. It was suggested that they could join together ○ Valuable to be part of a network 		
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HU-ENN-0312	7	<p>Healthy Universities Self Review Tool</p> <p>See http://www.healthyuniversities.ac.uk/toolkit</p> <ul style="list-style-type: none"> ▪ MD gave a brief presentation of the on-line Self Review Tool and explained that a number of refinements and enhancements had been made. 		
HU-ENN-0312	8	<p>Date of Next Meeting</p> <ul style="list-style-type: none"> ▪ The next Network event is a celebratory conference and will take place on Tuesday 19 June at UCLan in Preston. 	<p>Email Sandra Brookes sbrookes2@uclan.ac.uk to register for conference</p>	