Healthy Universities Toolkit



Self Review Tool:

Experiences, Reflections and Discussion

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Overview

- Response to demand from Healthy Universities Network members
- Designed to support HEIs that wish to adopt and/or embed a whole system Healthy Universities approach
- Includes Self Review Tool, Case Studies and Guidance Packages
- Guidance Packages:
 - Whole System Approach
 - Policy and Planning
 - Health and Sustainable Development
 - Communicating Health
 - Student Experience
 - Staff Experience
 - Mental Wellbeing

Healthy Universities: Website





Partnership working

Home

About

National Projects

National Network

Resources

News

Links

FAQ

Contacts

Welcome to Healthy Universities

"A Healthy University aspires to create a learning environment and organisational culture that enhances the health, wellbeing and sustainability of its community and enables people to achieve their full potential."

This website has been developed as part of the Higher Education Funding Council for England (HEFCE) funded project Developing Leadership and Governance for Healthy Universities. It supports a whole university approach to

National Network

The English National Healthy Universities was established in 2006 and aims to offer a facilitative environment for the development of a whole university approach to health and wellbeing.

Find out more



If you have any comments about the site, or ideas about how it can be improved please contact us at healthyuniversities@uclan.ac.uk.

Developing Leadership and Governance





Developing Leadership and Governance for Healthy Universities is led by the University of Central Lancashire and Manchester Metropolitan University, working together with the Royal Society for Public Health and the Leadership Foundation for Higher Education and partnered by Leeds Trinity University College, Nottingham Trent University, Teesside University and the University of the West of England, It is funded by HEFCE's Leadership, Governance and Management Fund.

Find out more

Getting Started

This section of the site contains resources for universities that are interested in taking the initial steps towards a whole university approach to health and wellbeing.

▶▶ Toolkit

The Tookit comprises a collection of resources designed to support the adoption of the whole system Healthy Universty approach.

Toolkit

Contact us

Getting started

Latest News

Healthy Universities Newsletter Issue 3 -

22/12/10 Issue 3 of the Healthy Universities Newsletter: this issue i...

Healthy Universities: Shaping the future Journal Article -07/12/10

Cawood J, Dooris M, Powell S (2010) Healthy Universities: Sh...

Healthy Universities and organisational change - presentation by Ewart Wooldridge -17/09/10 Ewart Wooldridge, Chief

www.healthyuniversities.ac.uk

Self Review tool – What is it for?

- a mechanism for HEIs to review and reflect on their progress in embedding a whole system approach to health and wellbeing into their core business and culture
- designed to encourage and facilitate strategiclevel engagement and partnership development within individual HEIs
- Ideally, a multi-departmental and multi-service cross-university group should use it to assess progress and inform planning...

Self Review Tool Headings

1. Leadership and Governance

2. Service Provision

3. Facilities and Environment

- 4. Communication, Information and Marketing
- 5. Academic, Personal, Social and Professional Development

Under each sub-heading, there are statements giving an opportunity to reflect and review current progress by choosing one of four qualitative responses:

No not at all

Thinking about it

Working on this currently

Yes we are there

Activity

Who could answer these questions?

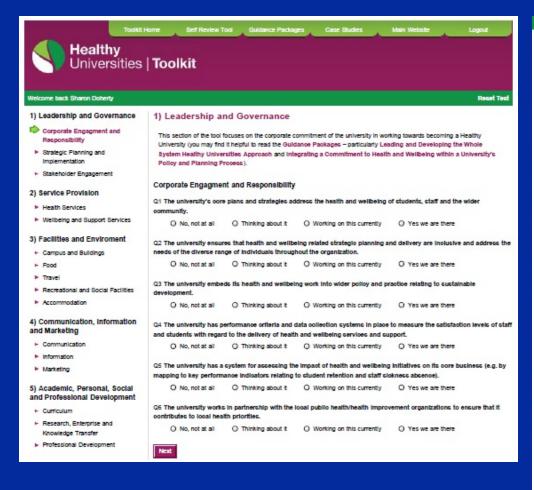
Who should coordinate the work?

Activity

What would be the problematic sections for your institution?

 Which question would you like to be working on right now – priorities

Healthy Universities: Self Review Tool



Your Healthy University Self Review Report Based on your questionnaire answers, this report uses 'traffic light' (green/amberired) graphical representation to indicate levels of progress under each key heading. This provides you with information about relative strengths and weaknesses - where your university is achieving and where additional input is needed to move forward on your Healthy University journey. It is designed to help you to set priorities and develop action plans, which can be monitored and reviewed by your cross-university group. It is suggested that the Self Review Tool be used on an annual basis to review progress. 1) Leadership and Governance 1) Corporate Engagment and Responsibility 2) Strategic Planning and Implementation 3) Stakeholder Engagement 2) Service Provision 1) Health Services 2) Wellbeing and Support Services 3) Facilities and Environment 1) Campus and Buildings 3) Travel 4) Recreational and Social Facilities 5) Accommodation 4) Communication, Information and Marketing 1) Communication 2) Information 3) Marketing

Problems

Students and staff processes are often different

Subjective

The form is big and has to be done sequentially

There is no 'don't know' option

No-one likes to be red!

Opportunities

 Good to get people together and get some healthy competition going

Baseline on which to look back

Some standards to help others understand what a whole systems approach may look like

Gives ideas about what to concentrate on next...