



What do students think a Healthy University is?

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Background and Purpose of Study



Background

- MMU undertook a MMU healthy university self-assessment in April 2013
- A need to explore what a healthy university means to students was identified
- Internal MMU funding for a one year project

Purpose

- To understand what students expect in terms of a healthy university
- To improve MMU priority areas for development
- To make informed modifications to the self-review toolkit within MMU
- To disseminate findings to UK HU network and wider audience



The Project



- Students at 12 universities across England, Scotland and Wales participated
- Methods of data collection by student surveys and focus groups
- 450+ students participated in the project.





Healthy University Model

- We adapted a model for a healthy university using priority themes
- Each aspect of the model provides a theme which we are using to code and analyse the data
- Sub-themes will be used as they emerge





Students' Opinions Research



After the surveys were distributed and analysis of the results had begun, focus groups with students were conducted within various universities.

Focus group participants were asked to bring in an object that represented a healthy university to them.





Next Steps

- Analysis of data is now underway
- A report of findings is planned for end of summer
- Dissemination to HU network in Autumn



Any Questions?

