

Healthy Conservatoires

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Background

- ‘A common approach: Occupational health and wellbeing in the UK conservatoire sector’
- Musical Impact aims to enhance the health and wellbeing of musicians studying and working in Britain.



Arts & Humanities
Research Council

Why a new Network?

- Need for specialist organisations to join together
- An understanding environment in which to share best practice
- Provide specific support for small and specialist institutions
- Dissemination and communication of research findings to specific populations
- Facilitate and demand innovation in health and wellbeing for performing artists

BIRMINGHAM
CONSERVATOIRE



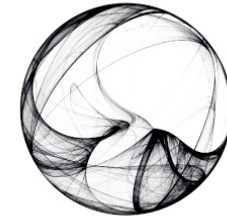
TRINITY LABAN CONSERVATOIRE
OF MUSIC & DANCE



Conservatoire for Dance and Drama



Conservatoires **UK**



LEEDS COLLEGE
of MUSIC

ROYAL WELSH COLLEGE
OF MUSIC & DRAMA
COLEG BRENHINOL
CERDD A DRAMA CYMRU

ROYAL CENTRAL
SCHOOL OF SPEECH & DRAMA
UNIVERSITY OF LONDON



ROYAL
COLLEGE
OF MUSIC

GUILD
SCHOOL
HALL

RNCM
ROYAL NORTHERN
COLLEGE of MUSIC


Royal Conservatoire
of Scotland

London

Aim of the network

to create environments that promote and enhance the health and wellbeing of performing artists, enabling them to achieve their full potential and to build healthy, sustainable careers.

Key characteristics

It...

- focusses on promoting health
- is informed by the demands of performing
- engages directly with evidence-based research

It is not...

- health and safety
- a clinical service

Vital statistics

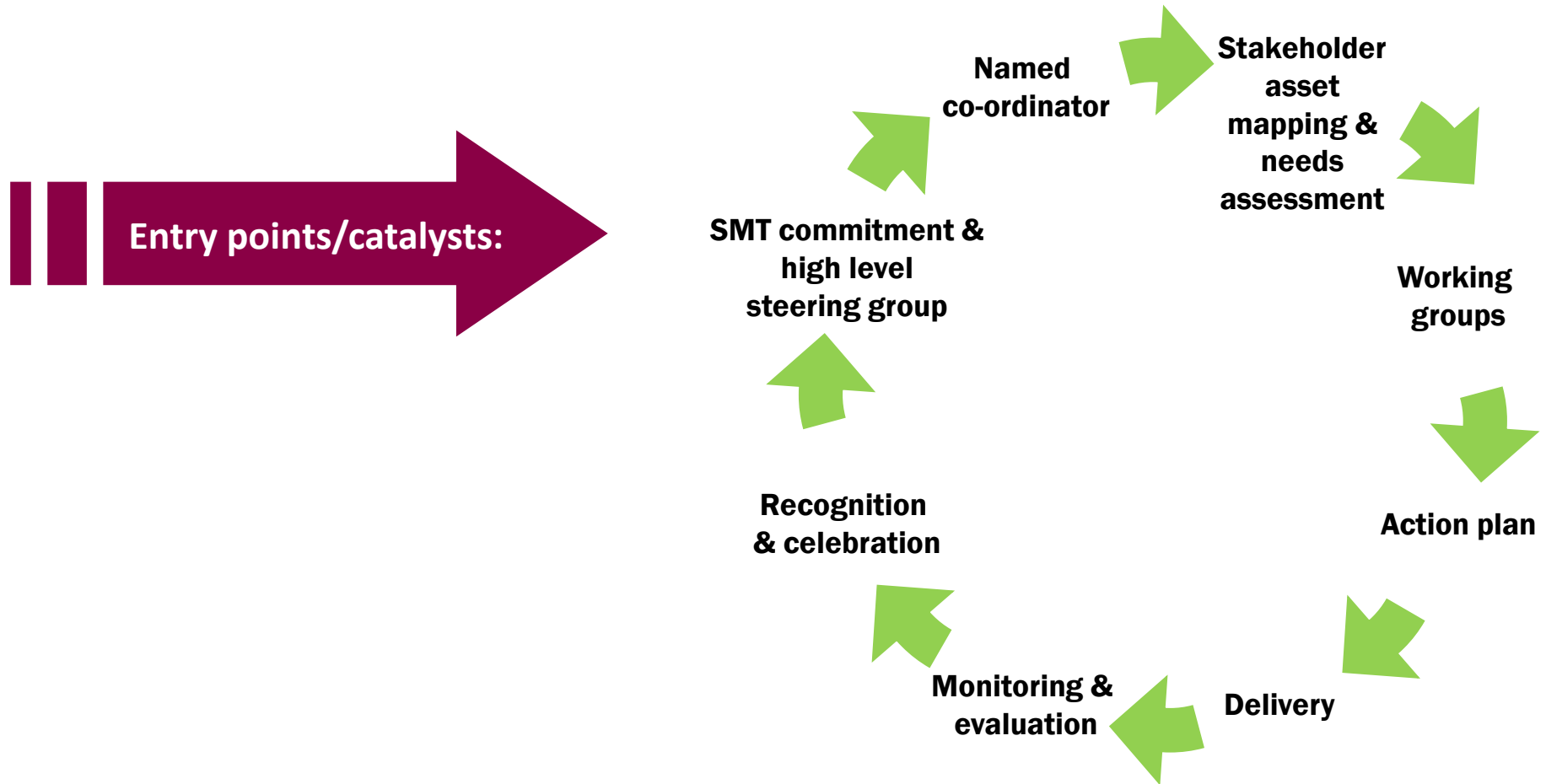
- Over 50 members
- Members from 11 conservatoires, professional orchestras, youth orchestras, university music departments, trade unions and charitable organisations
- 3 meetings to date

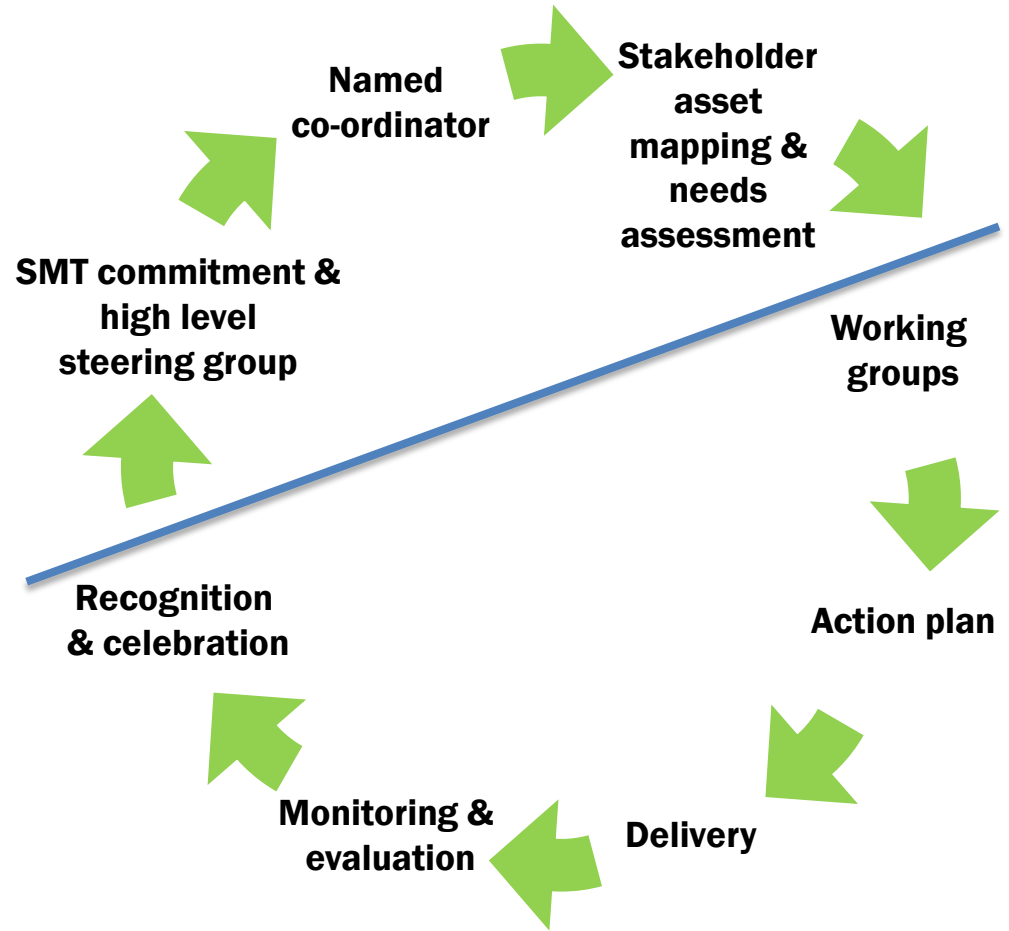
Introducing the Healthy Conservatoires Network

<https://tantrwm.wistia.com/medias/2xvkc1ay8y>



An operational process

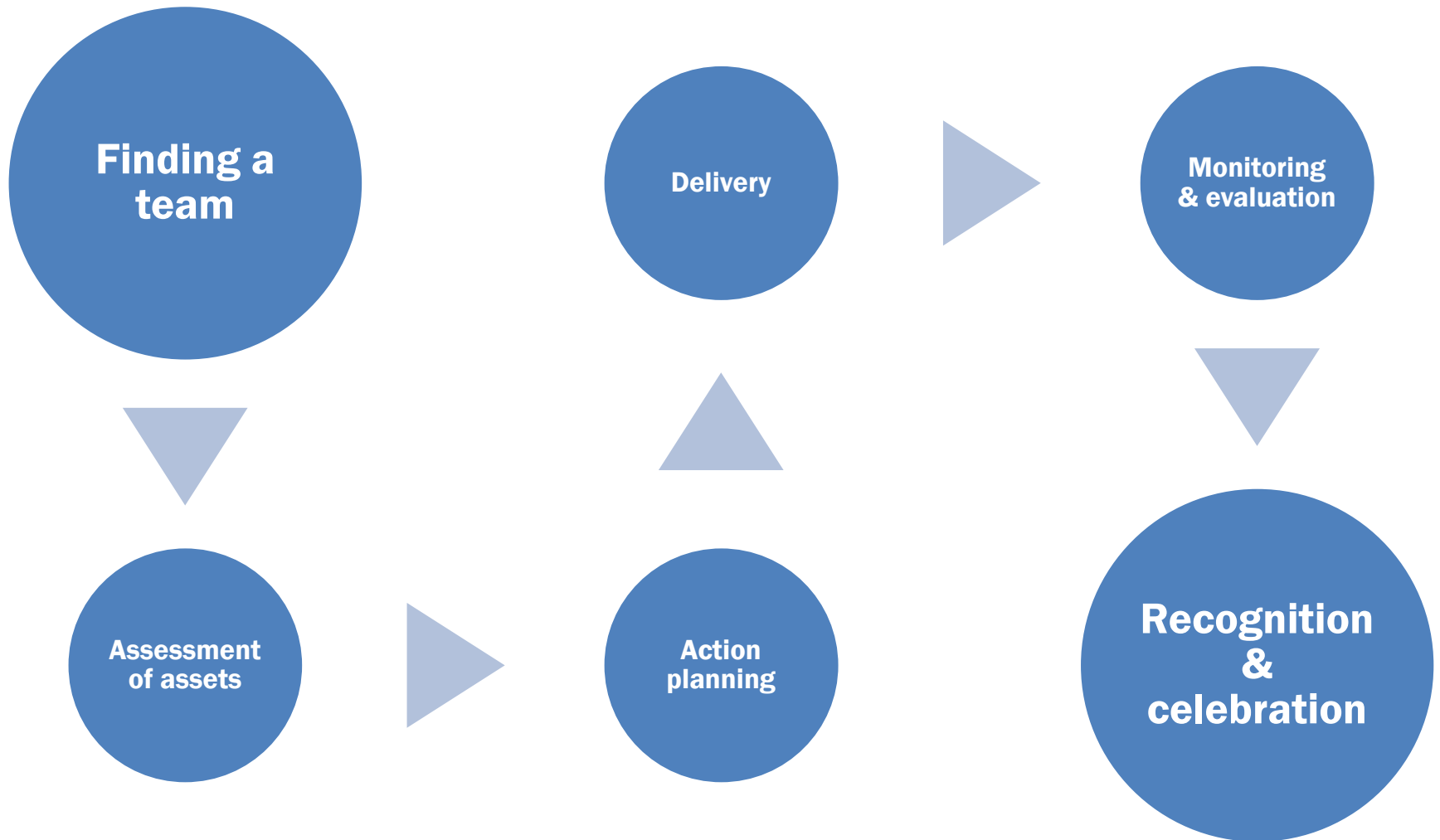




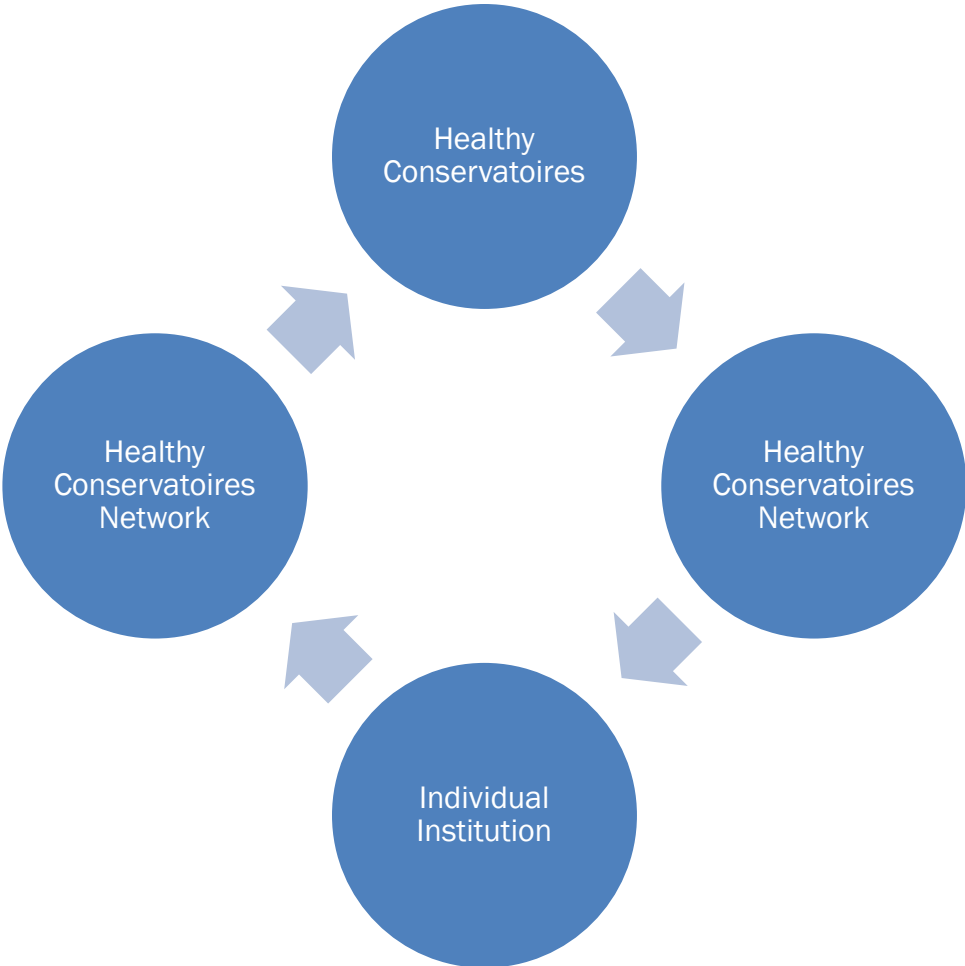
Sector level activities

- SMT commitment and buy-in
- Co-ordination through Musical Impact
- Needs assessment and asset mapping through research and network meetings
- Developing a conservatoire specific framework
- Branding and dissemination

Institution level activities



Creating a conservatoire operational process



Achievements to date

- A recognised forum within CUK
- Support of senior management from all 11 CUK institutions
- Development of website/publicity materials
- Creation of Fit to Perform and branding



SPIRITUAL



FINANCIAL



PHYSICAL



INTELLECTUAL



FIT TO PERFORM

MAKING THE PERFORMING ARTS BETTER



OCCUPATIONAL



EMOTIONAL



SOCIAL



ENVIRONMENTAL

Current Tasks

Challenge 1: Mapping assets

Challenge 2: Institutional case studies

Challenge 3: Creating support mechanisms

Questions?

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musicalimpact.org/network