

UK Healthy Universities Network Introduction and Overview

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Overview



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Website/Communication: Update

Research: Engagement & Practice

Okanagan Charter

“A Healthy University aspires to create a learning environment and organisational culture that enhances the health, wellbeing and sustainability of its community and enables people to achieve their full potential.”

www.healthyuniversities.ac.uk



- The UK Healthy Universities Network has grown from just 6 universities at its first meeting in 2006.
- It now has representation from:
 - 83 UK universities – 68 England; 2 Northern Ireland; 8 Scotland; 5 Wales
 - 16 non-UK universities
 - 26 other stakeholder organisations
- Network meetings/thematic learning sessions held twice each year.
- E-Newsletters, email lists and telephone networking.
- Steering Group – 6 HEIs / Public Health Wales / NHS Health Scotland / Public Health Agency for N Ireland / Public Health England / HEFCE / HEFCW / NUS / LFHE.

Overview

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Website/Communication: Update

Research: Engagement & Practice

Okanagan Charter



Partnership working

- Home
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- National Network
- Resources
- News
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- Links - Topics/Themes
- FAQ
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Welcome to Healthy Universities

"A Healthy University aspires to create a learning environment and organisational culture that enhances the health, wellbeing and sustainability of its community and enables people to achieve their full potential."


This website aims to encourage a whole university approach to health and wellbeing and facilitates national networking. It is managed by the University of Central Lancashire and Manchester Metropolitan University.

National Network

The UK National Healthy Universities Network was established in 2006 and aims to offer a facilitative environment for the development of a whole university approach to health and wellbeing. In addition to virtual networking, Network meetings with themed workshops are held twice a year. The next one is scheduled for:

Wednesday 13 May 2015 at the University of Edinburgh

A **report and presentations** from the last meeting (incorporating themed session on Sustaining High-Level Engagement and Leadership) held on 27 November 2014 at Sheffield Hallam University are available.



If you have any comments about the site, or ideas about how it can be improved please contact us at healthyuniversities@uclan.ac.uk.

From 2009-2012, the University of Central Lancashire and Manchester Metropolitan University (working together with the Royal Society for Public Health and the Leadership Foundation for Higher Education and partnered by Leeds Trinity University, Nottingham Trent University, Teesside University and the University of the West of England) jointly led a HEFCE-funded project, Developing Leadership and Governance for Healthy Universities. This project enabled the Network to be strengthened and for this website and the Healthy Universities Toolkit to be developed. The Final Report and Executive Summary Report from the project are now available.

[Find out more](#)

View Case Study Template

▶▶ Getting Started

This section of the site contains resources for universities that are interested in taking the initial steps towards a whole university approach to health and wellbeing.

▶▶ Toolkit

The Toolkit comprises a collection of resources designed to support the adoption of the whole system Healthy University approach.

Toolkit

[Contact us](#)

[Getting started](#)


Latest News

Conference: LGBTQ Youth Self-Harm, Suicide & Help-Seeking - 11/12/15
This conference will be presenting findings from the research...


Leadership and Management of Health and Safety in Higher Education Institutions - 20/10/15
This publication is a new sector guidance document from the ...

Journal article on skills, confidence, and healthy cooking competencies among university students - 21/09/15

Since Launch in 2010:

 25,678 users

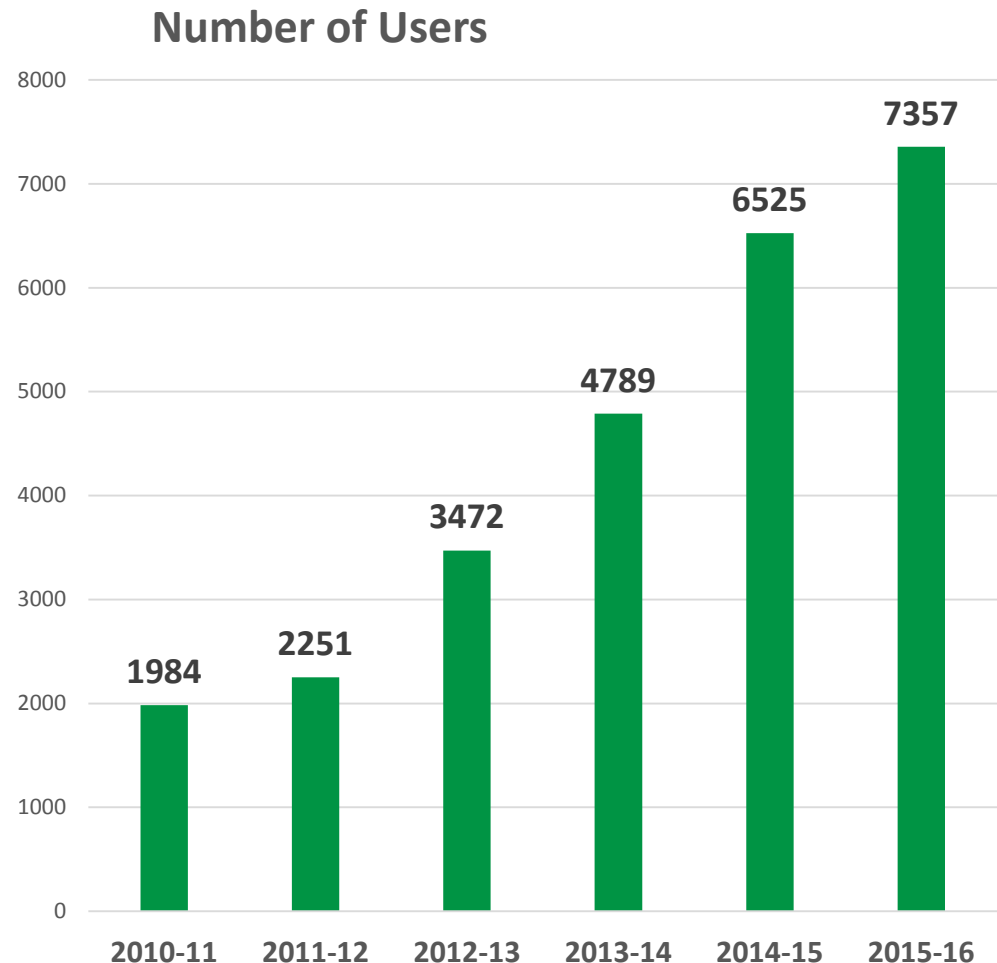
[18,159 May 2015]

 40,635 visits

[29,466 May 2015]



 158 countries

[142 May 2015]






Website & Toolkit Refresh and Revamp

If we are to keep the website dynamic and up-to-date, we need from you:

-  Case Studies [link on home page]
-  News Items

Likewise, for the next newsletter, we need from you [24 June deadline]:

-  Updates
-  News Items
-  Features

Overview

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Website/Communication: Update

Research: Engagement & Practice

Okanagan Charter

Title:

UK Healthy Universities Network: A Review and Exploration of Engagement and Practice

Research Aims:

1. To understand how member universities engage with and use the UK Healthy Universities Network.
2. To examine understandings and implementation of the Healthy Universities approach among members of the UK Healthy Universities Network.
3. To generate learning that can inform the future development and functioning of the UK Healthy Universities Network.

Update:

- Stage 1 – Online Questionnaire: 31 respondents from 23 institutions [3 non-UK]; initial data analysis being undertaken
- Stage 2 – Focus Groups: to be set up and run in June/July

Overview



Website/Communication: Update

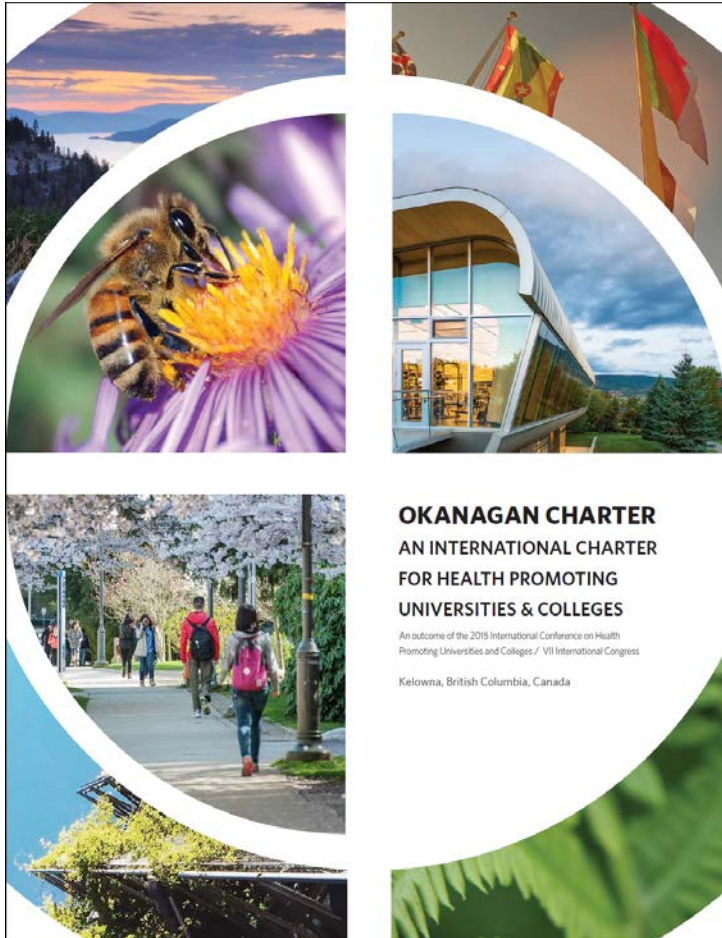


Research: Engagement & Practice



Okanagan Charter

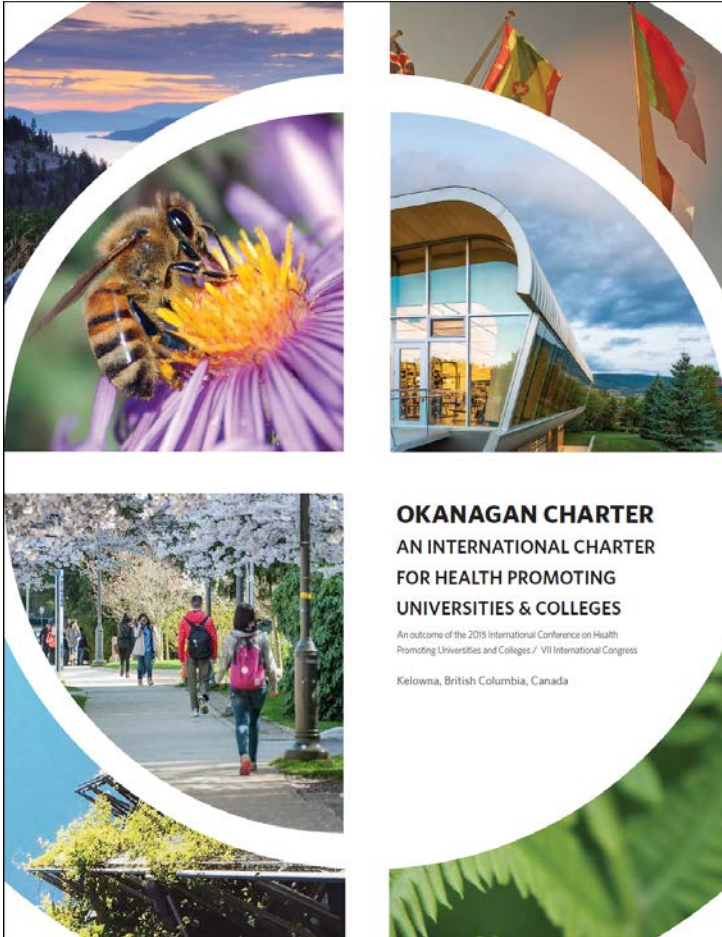
Okanagan Charter for Health Promoting Universities & Colleges: Vision and Aspirations



Health Promoting Universities and Colleges transform the health and sustainability of our current and future societies, strengthen communities and contribute to the wellbeing of people, places and the planet...They infuse health into everyday operations, business practices and academic mandates. By doing so, they enhance the success of our institutions; create campus cultures of compassion, well-being, equity and social justice; improve the health of the people who live, learn, work, play and love on our campuses; and strengthen the ecological, social and economic sustainability of our communities and wider society.

<https://open.library.ubc.ca/cIRcle/collections/53926>

Okanagan Charter for Health Promoting Universities & Colleges: Calls to Action



This Charter calls upon higher education institutions to incorporate health promotion values and principles into their mission, vision and strategic plans, and model and test approaches for the wider community and society.

The Charter has two Calls to Action for higher education institutions:

1. Embed health into all aspects of campus culture, across the administration, operations and academic mandates.
2. Lead health promotion action and collaboration locally and globally.

<https://open.library.ubc.ca/cIRcle/collections/53926>

Networking & Peer Support

Focus on Partnerships to Lead into Afternoon Session

Drawing on your experience of a range of well-established, newer and potential partnerships (internal; between the University and the Students' Union; and with external bodies):

- What makes you decide to set up a particular partnership?
- What is needed to get an effective partnership 'up and running'?
- What are the key factors necessary to sustain an effective partnership?